

This is a live news report from RAFMuseum1.

The time is 15:00 (fifteen hundred hours) on 8th January 1940.

Just to bring you up to date on the news in case you've only just turned on your radio. Great Britain is still at war with Germany and, in the early hours of this morning, the British Government introduced food rationing to the nation.

If you haven't already, you will soon be receiving your ration book. Every man, woman and child will be given a ration book with stamps, and these stamps can be exchanged for essential items.

These little books may seem a bit complicated at first but their purpose is quite simple. They mean if in the course of the war, we are short for a time of this or that, rationing will give everyone, rich and poor alike, an equal share of all that's going.

As the war continues, supplies decline and so rationing will increase. The only things which it is now necessary to ration, as of today, are bacon, butter and sugar.

As of today, you will only be allowed the weekly quantity of: 113g of bacon, 56g of butter and 226g of sugar.

Items which will soon be rationed are as follows:

- All meat
- Tea and margarine
- Jam
- Cheese
- Clothing
- Eggs
- Coal
- Rice and dried fruit
- Gas and electricity
- Sweets and Chocolate
- Biscuits
- Sausages

The best way you can help is by rationing yourself. I am sure that you will only take your fair share and no more.

We encourage you to make the most out of your rations. Why not make an exciting new recipe?

Why not grow your own vegetables? Join us as we 'Dig for Victory.'

Potatoes aren't rationed, so you know what we say - 'Go easy with bread, try potatoes instead'.

We Brits stand for 'A fair share for all'.

And that's all from us at RAFMuseum1.

Thank you and goodbye.