Activity 1 - Think

- What do you think is happening in the picture?
- Who is the person in the picture?
- Why are they dressed like that?
- How do you think they are keeping people safe?

The painting is of somebody at a Second World War Aid Post. These were places you could go if you needed medical or other assistance. Many of the aid station staff were volunteers just like lots of the people who have helped us during the pandemic.
Activity 2 - Explore

The person in the picture did an important job to keep people safe. Sometimes people find themselves needing help or rescuing.

Watch this video of how the RAF has worked with other partners during the pandemic: https://www.youtube.com/watch?v=9l5PilfusAk

Which organisations were the RAF working with? How does the use of RAF aircraft help to save lives?

You might also like to watch these interviews with people in the RAF who have helped in the Covid19 pandemic:

https://www.rafstories.org/story/raf-wp-26630
https://www.rafstories.org/story/raf-wp-26966
Activity 3 - Create

Watch this video of an RAF rescue:

https://www.youtube.com/watch?v=R6H0xj1tXQg

Produce a commentary of what is happening in the video. A commentary is a description of what is happening. Commentators in football matches help people understand how the game is going. You will need to help people understand how a rescue happens. You should first write it down and then read it out loud. If you want to take it a step further, you can record yourself and share your commentary with your friends and family.

Imagine what may have happened before and after the video. Include:

• Descriptions of what is happening and why
• Who the people in the video are.

Activity 4 - Do

Write a thank you message to somebody who has helped you during Lockdown. This could be a family member, friend, shop worker or other key worker.

Your ‘thank you’ could be written as a letter, a note or a social media post.

Well done!