

Virtual Spitfire 10K - FAQs

WHAT IS A VIRTUAL RACE?

A virtual race is a race that can take place wherever you want, in your own time and at your own pace. The race can be completed on a treadmill, around a racetrack, a beachfront, even during another competitive race, wherever you can run, walk, row, or cycle to earn your medal!

HOW DOES THE VIRTUAL SPITFIRE 10K WORK?

You can choose to start the race on race day at 10.00am for a real race experience; or run the entire distance at some point over the weekend. To compete for our trophies and prizes, we ask you to upload your times by midnight on Monday 30 August.

If running 10K is not for you, you can split the distance into a few runs, walks, rows or cycles. You have until 15 September to complete the challenge.

HOW DO I ENTER?

Registration is easy and straightforward and should only take a few minutes. You can book your tickets through our online booking system. Check our website for the link.

Once you have registered you will receive an email confirmation with further details.

IS THERE A DEADLINE TO ENTER THE RACE?

Bookings will be live until Tuesday 15 September. However, if you want to receive your race pack before the event, please ensure that you sign up before 1 August. If you live abroad, your race pack will be sent to you via email.

I LIVE OUTSIDE OF THE UK, AM I STILL ABLE TO REGISTER?

Of course, you can! Please enter regardless of where you live, the event is open to everyone, everywhere. Please be mindful that the delivery of medal and merchandise may take longer; and your race pack will be sent via email. Additional charges will apply depending on your place of residence.

I AM A CADET OR VETERAN, AM I ABLE TO PURCHASE THE REDUCED ARMED FORCES TICKET OFFER?

We are pleased to offer the reduced Armed Forces ticket to all members of the Armed Forces family. This offer is available for cadets, current serving personnel and veterans which also includes their immediate families. We suggest that anyone under 16 should complete the distance under supervision.

WHO CAN ENTER A VIRTUAL SPITFIRE 10K?

Everyone who is medically fit on the day of the race! The great thing about a virtual race is that it allows you to tailor the racing experience to fit your schedule and ability.

IS THERE AN AGE LIMIT?

There is no age limit for the Virtual Spitfire 10K. Everyone can enter but we suggest that anyone under 16 should complete the distance under supervision.

HOW DOES THE FUNDRAISING WORK?

The Spitfire 10K is a race organized by the RAF Museum charity. We therefore ask that all runners wishing to raise funds while running only do so for the RAF Museum. When booking your tickets, choose the ticket option 'incl. free t-shirt with £100 raised in sponsorship'. Our team will then get in contact with you via email to help you to set up your fundraising page and support you throughout the process. If you raise £100.00, you will receive a free t-shirt sent to you after the race.

Please email development@rafmuseum.org if you have any fundraising questions.

DO I HAVE TO RUN THE VIRTUAL SPITFIRE 10K?

The Virtual Spitfire 10K wants to get you up and moving. Whether you choose to complete your challenge outdoors by walking or running or indoors by use of a treadmill or elliptical machine.

We also understand that many of our participants have different fitness levels. For those that need a little extra time you can also break up your distance into manageable segments. Just make sure you add the full time when submitting your results.

DO I HAVE TO COMPLETE THE ENTIRE VIRTUAL SPITFIRE 10K DISTANCE ALL AT ONCE?

No, the Virtual Spitfire 10K is for everyone no matter what fitness level. You can choose to run the entire distance at some point over the weekend or split the distance into a few runs, walks, rows or cycles. You have until 15 September to complete it.

WILL THERE BE ROLL OF HONOUR CARDS FOR THE VIRTUAL SPITFIRE 10K, LIKE IN THE RACES AT THE TWO SITES?

Yes, you will receive a Roll of Honour Card with your race pack. Your Roll of Honour card enables you to carry the name of a Battle of Britain Pilot with you on your run.

WHEN WILL I RECEIVE MY RACE PACK?

Race packs are sent out in the post in August. Enter before 1 August to receive the race pack with Roll of Honour card before the race day. If you live abroad or enter after the 1 August, your race pack will be sent to you via email.

Please be aware all race packs will be sent to the one address, if you would like them sent to different addresses, please complete a separate booking online for each participant.

WHEN WILL I RECEIVE MY T-SHIRT?

If you have ordered a t-shirt before 1 August, we will send them with your race pack before the event. If you enter the race after this date you will be sent a t-shirt with your medal. Participants living abroad will receive their t-shirt with their medal after the race.

WHEN WILL I RECEIVE MY MEDAL?

Your medal will be posted after the end of the Virtual Spitfire 10K. You will need to submit your times and route by the 15 September at the latest. Medals will be sent in the following days.

WHAT IS THE FACEBOOK SPITFIRE 10K VIRTUAL RUNNING COMMUNITY?

We want to create a space for you where you can communicate with other runners. Share your running routes and read or share tips and tricks to get moving. Here we will also be sharing information about the race with you and answering questions. It's a great opportunity to share photos and interact with like-minded runners.

HOW DO I GET ACCESS TO THE FACEBOOK COMMUNITY GROUP?

To become part of our virtual Facebook community, you need to have a Facebook account. Click here to join the community: <https://www.facebook.com/groups/RAFVirtualRunning/>

HOW DO I PROVE MY TIME?

You can upload your time, with your run evidence directly to our race managers via our online submission portal. We will send you a link before the race.

CAN I RUN ALONGSIDE ANYONE ELSE?

Please always take your own health and the health of others into consideration. We would ask you to follow the advice from the Public Health bodies and the Government before starting the race or deciding to run along with anyone else.

WHAT HAPPENS IF I AM ILL DURING THE VIRTUAL SPITFIRE 10K?

If you have started the challenge and become ill, it is important for your health and wellbeing that you stop doing the Virtual Spitfire 10K. Only when you truly feel fit and healthy again do we advise you continue.

Please always ensure that you are medically fit to complete the 10K before starting the challenge.

I CAN NO LONGER TAKE PART, WHAT ARE MY OPTIONS?

If you can no longer take part in the challenge, please email our team on info@nice-work.org.uk and we will discuss appropriate options with you.