

Distance Log Book

Full name:	
Date registered:	
Chosen distance:	
Name of Challenge:	The Vulcan Challenge
Date started:	
Date completed:	

Date	Time	Distance	Notes	ı	Date	Time	Distance	Notes
2/01/22	45 min	3.5km	Walked dog in park					
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Date	Time	Distance	Notes	ī	Date	Time	Distance	Notes
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