

Chinook Challenge FAQs

What is a virtual fundraising challenge?

A virtual fundraising challenge is a challenge that can take place wherever you want, in your own time and at your own pace. The challenge can be completed on a treadmill, around a racetrack, a beachfront, even during a visit to the park, wherever you can run, walk, row, or cycle to earn your medal!

How does the Chinook Challenge work?

Choose to complete 100k, 200k or 400k! You can run, walk, cycle, or walk the dog to complete your challenge. We want you to keep you motivated so you can start your challenge as soon as you sign up!

Once you sign up to take part, you will automatically be registered with a fundraising page. This will enable you to track your distances, share your adventures with friends on Facebook and fundraise for us.

How do I enter?

Sign up today by clicking the link below which will take you to our challenge registration page. Once you have signed up, you are ready to go! <u>TheChinookChallenge2023</u>

How can I fundraise for the Museum?

This year, we have made it even easier to fundraise for the RAF Museum. When you register for the Chinook Challenge, you will automatically be assigned with your own personal fundraising page. Then it is up to you to spread the word! All donations can be made through your fundraising page with a few simple clicks.

Do I have to fundraise to take part?

By entering the challenge, you are supporting the Museum. You will automatically receive a fundraising page but it's not mandatory to fundraise.

Who can enter the Chinook Challenge?

This challenge is open to everyone! With the choice of 100K, 200K or 400K you can choose the challenge that you feel most comfortable doing.

There is no age limit for the Chinook Challenge. Everyone can enter but we suggest that anyone under 16 should complete the challenge under supervision of an adult.

Can people living outside the UK enter?

Of course, you can! Please enter regardless of where you live, the event is open to everyone, everywhere. Please be mindful that the delivery of your medal and any other items may take longer to arrive. Additional charges will apply for those living outside the UK, but this is included in your entry ticket.

Is there an Armed Forces discount?

We are pleased to offer the reduced Armed Forces Entry to all members of the armed forces family. This offer is available for cadets, reservists, veterans, serving personnel and their immediate families. All you need to do is select the Armed Forces Ticket on the ticketing page. We suggest that anyone under 16 should complete the distance under supervision.

Do I have to run the Chinook Challenge?

The Chinook Challenge was created to get you up and moving, but at a pace that suits you best. You can choose to complete your challenge by walking, running, rowing, cycling, swimming and many more. Want to be creative? We are more than open for you to come up with fun and unique ways of engaging the challenge.

When can I start?

The Chinook Challenge will start on Friday 6 January 2023 and you will have until the end of the year to complete the challenge. You will not be able to start the challenge before the 6 January.

Is there a deadline to enter the challenge?

There is no deadline to enter, you can start the challenge whenever you like as long as it is before Friday 15 December 2023. You will not be able to start the challenge after this date.

When does the Chinook Challenge end?

The Challenge ends on Friday 15 December 2023, so you have plenty of time to complete your chosen distance.

How can I record my distance?

This year we are using a brand-new platform that enables you to track your distances manually or using Strava.

Once you sign up to take part, you will automatically be registered with a fundraising page. This will enable you to track your distances manually or connect with Strava. You can also share your adventures with friends on Facebook and fundraise for us.

- 1. Connect to your Strava by clicking the "Connect to Strava" option on your page, this will take you to your Strava account where you can log in and confirm the connection. Futher instructions can be found here.
- Manually add your distances to your page. On your page, you'll see an "Add an activity" option. This will allow you to enter the details for your activity. When you've finished, select "Save activity."

How do I access my fundraising and tracking page?

Once registered you will receive an email with your order number, just head to the event page and select log in. More detailed instructions can be <u>found here.</u>

When will I receive my medal and any other items?

Once you hit your target distance, we will send you your medal within two weeks. No waiting around! Please note, for those of you completing it before the end of January we will send our first medals out on the last week of January so you might have to wait a little longer.

If you'd like one of our limited-edition Chinook Challenge T-shirts, then pledge to raise £50 for us. If you hit your target, then we will send you your t-shirt with your medal. If you hit £100 then we will send you a one-of-a-kind water bottle as well. If you hit your fundraising target after you complete your distance, you may be sent your medal and fundraising items separately.

Can I purchase a t-shirt rather than fundraise for one?

At present, T-shirts are only available for our fundraisers.

Can we complete the Chinook Challenge alongside someone else?

Please always take your own health and the health of others into consideration. We would ask you to follow the advice from the public health bodies and the government before starting the race or deciding to run along with anyone else.

Complete the Challenge at a pace that suits you. We want everyone to enjoy the journey and stay safe while doing so. It's great if you want to go that extra mile but don't push yourself too far, you have until April to complete the Challenge.

What happens if I am ill during the Chinook Challenge?

If you have started the challenge and become ill, it is important for your health and wellbeing that you stop. Only when you truly feel fit and healthy again do we advise you continue. Please always ensure that you are medically fit to complete the challenge before starting.

How can I connect with others taking part?

We created a space on Facebook for you to communicate with other runners and challengers. Share your running routes and read or share tips and tricks to get moving. We will also be sharing information about the challenge and answering questions. It's a great opportunity to share photos and interact with like-minded runners and walkers.

What is the RAF Museum Virtual Running Community?

The Virtual Running Community is our Facebook Group that was set up for our previous challenges so challengers could communicate share their tips and tricks and cheer each other on right up to the finish line and beyond.

How can I join the Facebook group?

To become part of our virtual Facebook community, you need to have a Facebook account. Click here to join the community: <u>https://www.facebook.com/groups/rafmvirtualrunning/</u>

What does Wokka mean?

The Chinook is nicknamed Wokka Wokka after the sound that it's rotas make.

What if you haven't answered my question? Who can I contact?

If your question hasn't been answered, then please email the team and they can help you. Just email <u>fundraising@rafmuseum.org</u>.