SPITFIRE 100K CHALLENGE

ROYAL AIR FORCE museum

DISTANCE LOG

Thank you for signing up to take part in the Spitfire 100K challenge. Please use this log to document the runs, walks or jogs that will add up to your final 100K. You will have from the 1 April to the 10 July 2018 to complete your 100K so get moving. We would love to see your progress so don't forget to tweet, Facebook and Instagram us using #Spitfire100K100days or @RAFMuseum.

Once you have completed your 100K, email your completed log to info@nice-work.org.uk. Please provide us with your name, address and postcode below so we can post your Spitfire 100K Challenge medal (complete this in block capitals).

Name:

Address:

Age:

Date registered:

Date	Time Started	Time finished	Distance	Notes
01/04/2018	8.30am	9.00am	3.5km	Ran through Victoria Park

TOTAL DISTANCE: 0

Date completed:

Please send your completed log to info@nice-work.org.uk Page of

RAF 100 APPEAL

Nice Work