



## Hurricane 80K Virtual Challenge

Thank you for signing up to take part in the Hurricane 80K challenge. Please use this log to

document the runs, swims, walks or jogs that will add up to your final 80K. Name on booking: Age: Date registered: You have until the 10 July to complete your 80K, and we wish you the best of luck. We would love to see your progress so don't forget to tweet, Facebook and Instagram us using #Hurricane80Kchallenge or @RAFMuseum. Time **Date** Time started **Distance Notes** finished 06/06/2019 9:00 9:30 3.2K Ran around my local park **TOTAL DISTANCE: DATE COMPLETED:** 

You will need to submit your distance log by 17 July at the very latest.

Please send your completed log to info@nice-work@org.uk